

# The Swinging Arm Dinner Menu



360-886-5074

There is a \$.35 To Go charge per item

Monday - Thursday 11-10

Friday - Saturday 11-12

Sunday 11-8

30741 3rd Ave Ste 105

Black Diamond, WA 98010

www.TheSwingingArm.com

## Appetizers

**Tomato Caprese** - \$8

Bruschetta topped with Tomato Slices, Basil Leaves and Fresh Mozzarella Cheese. Sprinkled with Olive Oil and Balsamic Vinegar. Served with Pesto.

**Sliders** - \$6.50

3 All Beef Sliders with Chipotle Mayonnaise and Swiss

**Jalapeño Bread** - \$3.50

CJ's Fresh Focaccia Bread warmed and topped with Cheddar Cheese, Garlic and Jalapeños

**Chicken Quesadilla** - \$7

Melted Cheddar and Jack Cheeses with Grilled Chicken. Served with creamy salsa spread.

**Asiago Chicken Strips** - \$8

Crispy Baked Asiago Breaded Chicken Strips served with Goat Cheese Ranch Dressing

**Hot Wings** - \$7

Served with cooling Bleu Cheese Dressing

**Chips & Salsa** - \$4

Penny's all natural Tortilla Chips served with Penny's Fresh Salsa

**6 Layer Dip** - \$5

Penny's all natural Tortilla Chips served with Penny's Fresh Salsa and Guacamole, Sour Cream and Refried Beans topped with Cheese

**Breads & Spreads** - \$6

Warmed Italian Bread served with Roasted Red Pepper Spread and Olive Oil and Balsamic

**Tator Tots** - \$5

Add Cheese \$1 Add Chilli n Cheese \$2

**Jalapeño Bread** - \$3.50

CJ's Fresh Focaccia Bread

warmed and topped with

Cheddar Cheese, Garlic and Jalapeños

## Soup

**Jalapeño Chicken Chowder** - Cup \$3.50 Bowl \$5

Chicken and Potato mildly spiced with Jalapeños

**Tomato Bisque** - Cup \$3.50 Bowl \$5

Roasted Tomatoes, Caramelized Onions and Celery

## Salads

Add Chicken to any salad for \$2

Dressings - Ranch, Honey Mustard,

Raspberry Vinaigrette, Bleu Cheese, 1000 Island, Balsamic

All Sandwiches and Burgers are served with Chips and a Pickle

Substitute Tator Tots for Chips - \$2

## Sandwiches

**Reuben** - \$10

Certified Angus Corn Beef, Sauerkraut, Swiss Cheese and 1000 Island dressing on a Grilled Marbled Rye

**French Dip** - \$10

Certified Angus Beef with Grilled Onions and Swiss Cheese on a Hoagie Roll. Served with side of Au Ju Sauce

**Grilled Salmon** - \$11

Wild Sockeye Salmon on a Ciabatta Roll with Chipotle Mayonnaise, Lettuce and Tomatoes

## Burgers

**Burger Additions** - \$1 Ea.

Grilled Mushrooms, Grilled Onions, Guacamole, Egg, BBQ Sauce, Jalapenos, Salsa, Pineapple

**The Swinging Arm** - \$10

Certified Angus Beef in a 1/3 pound patty with Bacon and Sliced Cheddar Cheese. Garnished with Lettuce, Tomato and Onion.

**Hawaiian Burger** - \$11

1/3 pound Certified Angus Beef topped with loads of Grilled Pineapple and Swiss Cheese

**Miners Burger** - \$12

1/3 pound Certified Angus Beef topped with a Fried Egg, 2 strips of Bacon, Lettuce and Tomato topped with Cheddar Cheese

**Shroom Burger** - \$11

1/3 pound Certified Angus Beef topped with loads of Grilled Mushrooms and Swiss Cheese

## Pasta

Add Chicken to any Pasta for \$2

**Mac - N - Cheese** - \$10

Penne noodles, 3 different Cheeses topped with Bread Crumbs and Baked

**Sun-dried Tomato Pasta** - \$10

Fettuccini noodles with Sun-dried Tomatoes and Artichoke Hearts with a hint of Pesto

**Alfredo** - \$9

Fettuccini noodles with a house made Alfredo Sauce

## Entrees

Available daily after 4pm

All Entree's served with choice of twice baked potato or garlic

Vinaigrette

**House Salad** - \$3.50

Fresh Mixed Greens garnished with Tomatoes, Monterey Jack Cheese, and Homemade Croutons. Served with your choice of dressing.

**Spinach Salad** Whole - \$9 Half \$6

Fresh Spinach with Bleu Cheese, Dried Cranberries, and Candied Walnuts. Served with Raspberry Vinaigrette.

**Caesar** Whole - \$9 Half \$6

Fresh Romaine Lettuce with Shredded Parmesan and Homemade Croutons tossed in Caesar Dressing

**Chef Salad** Whole - \$10 Half - \$7

Fresh Greens, Sliced Ham, Turkey, Egg, Tomato, Green Onion, Bell Peppers, Black Olives, Swiss and Cheddar Cheese

*mashed potatoes and fresh vegetables*

Add a Side Salad or Soup to any entree - \$2

Add Grilled Mushrooms or Onions - \$1

**Flat Iron 8 oz.** - \$16

Lean with Intense flavors

**Filet Mignon 8 oz.** - \$22

The most Tender cut, Grilled to perfection.

**New York 10 oz.** - \$18

Cut from the Short Loin, Flavorful and firm bodied

**Top Sirloin 8 oz.** - \$16

Center cut, and highly flavorful

**8 oz. of Wild Sockeye Salmon** - \$15

Served with one of two homemade sauces; BBQ or Wasabi Mayo

**Pizza**

**The Works** - \$15

Sweet Italian Sausage, Pepperoni, Mushrooms, Mozzarella Cheese, Red Onions, Green Peppers and Black Olives

**Mediterranean** - \$15

Olive Oil, Fresh Mozzarella, Goat Cheese, Mixed Peppers, Mushrooms, Fresh Basil and Chicken

**White** - \$14

Creamy Ranch, Chicken, Cilantro, Red Onion, Bacon, and Goat Cheese

**BBQ** - \$13

BBQ Sauce, Mozzarella Cheese, Chicken, Red Onions and Cilantro

**The Swinging Arm** - \$17

Flank Steak, Grilled Onions, Feta and Cilantro

**Meat Special** - \$15

Pepperoni, Italian Sausage, Ground Beef, and Canadian Bacon

**Marguerite** - \$13

Olive oil and Roasted Garlic, topped with Tomatoes, Fresh Mozzarella and Fresh Basil

**Five Cheese** - \$12

Mozzarella, Provolone, Romano, Parmesan and Cheddar

**Pesto** - \$13

Fresh Pesto Sauce with Grilled Chicken and Artichoke Hearts

**Hawaiian** - \$13

Canadian Bacon and Pineapple

**Build Your Own** - \$12

**Cheese**

**Sauces**

Pizza Blend

Marinara

Fresh Mozzarella

Pesto

Feta

Olive Oil & Garlic

Parmesan

Ranch

**Basic Toppings \$1**  
Cheddar

**Premium Toppings**  
\$1.5

Roasted Garlic

Basil Leaves

Tomatoes

Pine Nuts

Jalapeño Slices

Sun-dried Tomatoes

Pepperoni

Artichoke Hearts

Canadian Bacon

Grilled Chicken

Pineapple

Spinach Leaves

Onions

Capers

Black Olives

Ground Beef

Mushrooms

Italian Sausage

Extra Cheese

Extra Sauce

*Green Bell Peppers*

*Mixed Bell Peppers -  
Red, Yellow, Orange*